

## 3 Mercy



### Read:

They compelled a passer-by, who was coming in from the country, to carry his cross; it was Simon of Cyrene, the father of Alexander and Rufus.

*Mark 15:21*

### Some resources to aid prayer and reflection

#### Reflect and pray:

Simon of Cyrene is remembered for the compassion and mercy with which he shared Jesus' burden despite being caught up in circumstances beyond his control.

Extraordinary compassion and mercy are being shown by ordinary people today - compassion and mercy that reflects the love that God has for each one of us.

Give thanks for all today's Simons of Cyrene; pray that we may each act with compassion and mercy; and pray for those in need.



#### Listen:

Listen to St Mary's choir singing [God is love and where true love is](#)

#### Watch:

Watch and listen to [Give me your eyes](#) by Branden Heath

#### Do:

A practical meditation for all ages on caring for others that you can watch, and do, and share, from our Intergenerational Missioner. [https://youtu.be/bUhb8M\\_nBfY](https://youtu.be/bUhb8M_nBfY)

#### Links:

Find out about the work of the Ross Community Larder at <https://rawchurch.org.uk/the-community-larder/> and The Friends of Ross Community Larder on Facebook.

